

**PRO SE SUBMISSION**

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**Date:** August 25, 2025

**Clerk of Court**

United States District Court

Eastern District of Virginia – Norfolk Division

600 Granby Street

Norfolk, VA 23510

**Re:** Pro Se Submission – Complaint for Violation of Civil Rights (Non-Prisoner)

**Case No.:** \_\_\_\_\_

Dear Clerk of Court:

Please find enclosed for filing:

1. **Complaint (Pro Se 15, Rev. 12/16)** for violation of civil rights against Cox Communications, Inc. and MetLife, Inc.
2. **Summons** directed to each defendant.

This filing references certain exhibits for discovery purposes; the exhibits themselves are **retained by the Plaintiff** and will be provided if requested pursuant to the Federal Rules of Civil Procedure.

Thank you for your attention to this submission.

Respectfully submitted,

/s/ Thomas Coates

**Thomas Coates, Plaintiff Pro Se**